

## START YOUR DAY

### FRITTATAS

Bacon with Cheddar;  
Ham with Swiss;  
Sausage with Cheddar;  
Spinach with Feta.

Pick any 3 ..... **\$3\*pp**



\*Add croissant or wholegrain roll for \$1.50

### MUFFINS

Banana Nut; Mixed Seasonal Berry;

Peanut Butter Chocolate Chip..... **\$1.75pp**

### HOME BAKED SCONES

Vanilla Chai; Apricot; Mixed Berry;

Chocolate. Pick any 2 ..... **\$1.75pp**

### PASTRIES

Chocolate; Raspberry; Strawberry;

Pecan; Apple or Cheese..... **\$2.50pp**

### FRUIT OPTIONS

Seasonal Fresh Fruit or Fruit Pizza ..... **\$3.50pp**

Yoghurt Parfait & Fresh Seasonal Fruit ..... **\$3.50pp**



### DRINKS AND SMOOTHIES

**Coffee:** Regular or Decaf - serves 12

Includes cups, creamers, stirrers & sugars ..... **\$14**

**Orange Juice:** ..... half gallon - **\$7**; gallon - **\$14**

Also available in individual servings: **\$1.50**

**Cat's Breakfast Smoothie:** Banana Strawberry with Honey & Greek Yogurt..... **\$4.99pp**

## BISTRO SANDWICHES

Includes: Lettuce and Tomato unless otherwise requested. Homemade Bread & Butter Pickles and a Pimento Cheese Crisp.

Mayonnaise, Mustard and Special Homemade Sandwich Sauce on side. Breads can be changed.

Add ons: Choice of Marinated Olives or Greek Tabouli Salad \$1.50 each

Smoked Turkey with Brie & Cranberry on Raisin-Walnut Bread ..... **\$.8**

Ham, Prosciutto, Provolone, Roasted Red Peppers, Banana Peppers on Baguette..... **\$.8**

Tomato, Basil & Fresh Mozzarella on Ciabatta ..... **\$.8**

Fresh Veggies & Hummus on Wheat Flatbread..... **\$.8**

Roast Beef, Caramelized Onions, Butter Lettuce & Havarti on French Bread..... **\$.8**

Chicken Salad on Croissant..... **\$.8**

Tuna Salad on Sour Dough..... **\$.8**



### SANDWICH PLATTERS

One Full Sandwich per person, Bread & Butter Pickles & Pimento Cheese Crisp (plates & napkins) ..... **\$9**

### INDIVIDUAL BOXED LUNCHES

Includes One Full Sandwich per person, Bread & Butter Pickles & Cookie or Fruit..... **\$9**

FOR ADDITIONAL PARTY OPTIONS, MENU ITEMS & SPECIALS VISIT OUR WEBSITE

### BREAK TIME

## Power Snacks

**Protein Energy Balls:** peanut butter cranberry; chocolate peanut butter; honey, oats & seeds ..... **\$.1**

**Fruit and nut dark chocolate wafers** ..... **\$.1**

**Mini bread loaves:** peanut butter banana; choc chip; choc zucchini; carrot ginger ..... **\$.2**

**Anti-oxidant brownies** with dark chocolate, cinnamon & blueberries ..... **\$.25**

**Hummus** with pitas and vegetables..... **\$.3**

Price per snack

## SUPER SALADS

Individual Servings include Wheat Rolls and Butter. Dressings can be substituted.

- House Salad with Mixed Greens, Cucumbers, Carrots and Cherry Tomatoes.  
House Dressing ..... **\$6 or \$4 half**
- Romaine Kale Caesar Salad with Homemade Caesar Dressing ..... **\$7 or \$5 half**
- Cranberry Almond Spinach Salad with Carrots, Pears and Chinese Noodles.  
Sesame Ginger Dressing ..... **\$8 or \$6 half**
- Greek Salad with Feta, Kalamata Olives, Cherry Tomatoes, Red Onion and  
Pepperoncinis. Greek Dressing ..... **\$8 or \$6 half**
- Broccoli, Tomato, Feta and Red Onion with Red Wine Vinaigrette ..... **\$6 or \$4.50 half**
- Panzanella Salad with French Bread, Tomato, Basil and Mozzarella ..... **\$5 for full**

### TOSS IT IN

Grilled Chicken for **\$3**; Grilled Shrimp for **\$5**.

*Handcrafted fresh food!*



## AFTER HOURS

For those evening team briefings, meetings and conferences

- Grilled Vegetable Tray** with Asparagus, Peppers, Zucchini, Squash, Carrots & Mushrooms drizzled with Balsamic Reduction ..... **\$4pp**
- Cheese & Fruit** with Crackers ..... **\$5pp**
- Charcuterie Tray** with assorted Meats, Cheeses, Olives, Hummus, Grilled Artichokes & Pita Points ..... **\$8pp**
- Grilled Vegetable Lasagna** with Zucchini, Squash, Red Peppers, with Fresh Marinara, Ricotta and Mozzarella ..... **\$84 full pan serves 12 / \$42 half pan serves 6**
- Chicken Fajita Salad** with Grilled Veggies, Chopped Romaine, Grilled Chicken, Black Beans & Corn, Sour Cream, Mexican Cheese & Guacamole on a Bed of Romaine ..... **\$96 full pan serves 12 / \$48 half pan serves 6**
- Sirloin Beef & Broccoli Ginger Stir Fry** with Brown Rice ..... **\$96 full pan serves 12 / \$48 half pan serves 6**

Orders delivered hot in disposable trays with paper products.



Ask about our home delivered meals!

## CELEBRATION DESSERTS

- Seasonal cakes **Call us!**
- Cupcakes **\$2.50 each**
- Homemade cookies and bars **\$1.50 each**

